Supply List and Information for Learn to Fit Yourself – Darted and Princess Two Day Class

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Class Supplies:
- Class Notebook (one for each day) – download and print at least the practice pattern pieces in the back and cut them out.
- Erasable pen/pencil
- Paper scissors
- ½" Scotch brand Magic Tape (green package) (optional)
- Perfect Pattern Paper or tissue paper (regular paper can also be used)
- Clear ruler with 1/8" markings (basic drafting ruler 1" x 12" is fine)
- Pinnable surface for pattern work (can be foam core from office supply store) – This is for practicing ½ scale samples. I use a piece of foam core and glue stick a piece of graph paper to it for a gridded work surface.
- Straight pins
- I strongly recommend The Palmer/Pletsch Complete Guide to Fitting from Palmer/Pletsch. Your class educational materials were created (and used with permission) by Palmer/Pletsch, and of course the book has everything in much greater detail, fully illustrated and cross-referenced. I especially like the spiral-bound version because it conveniently lies flat on your worktable.

The following are useful patterns for practicing the concepts learned in class.
- Butterick #6849 (or similar basic "sloper" fitted pattern) -- This is **not** required but recommended if you want to practice making alterations on a very fitted pattern with built-in alteration marks. You can also use this pattern (or similar) to create a customized "block" (sloper) for designing your own patterns.
- Butterick #6842 is a great blouse for practicing darts and it is very versatile. It can be easily altered to become a jacket or even a dress.
- McCall's #6076 is a princess blouse pattern that has it all – shoulder, armhole, and "Dior" side panel options. Only available as a printable PDF but well worth having and sewing.

If you have any questions don't hesitate to reach out to me. I look forward to demystifying the fit process and helping improve all your future sewing projects.

See you in class! --Katrina