

Anita Goodesign™

PROJECTS



Shrinky Flowers are not created using standard applique techniques, instead they are created in a two-step process.

The first step is to create the unique fabric by combining your fabric with Heat N Shrink stabilizer. When steamed, the Heat N Shrink shrinks the fabric 30% and creates interesting patterns. You then use the shrunken fabric as the applique fabric on the your flowers.

Shrinky Flowers

18 Flower designs for the 5" x 7" hoop and 7 fabric patterns for the 6" x 10" hoop.



Fabric pattern example:



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