



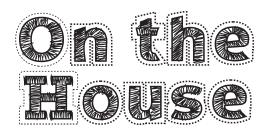


# **Happy Hearts**

January 2022



Warm someone's heart with a quilted bowl cover embellished with a vibrant happy heart design. It doesn't matter if you have 4"x 4 hoop or a larger, 8"x 8" hoop as all embroiderers can make this joyful bowl cozy. Smaller hoops will find two designs: 4x4BowlCorner and HappyHeart, requiring several hoopings. Larger, 8"x 8" hoops will stitch the outer and inner fabrics in one hooping with two designs: 8x8HapHeartBowl and 8x8BowlOut. Let's get started.





## **MATERIALS**

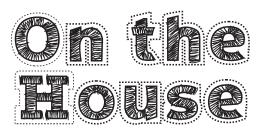
- Outer fabric (red): 12" x 13"
- Inner fabric (light pink): 12"x 13"
- Applique (red): 3"square
- Batting
- FuseMe fusible web
- No Show cutaway



## **EXQUISITE THREADS**

- Exquisite 40 wt. Polyester Thread:
  - 020 Black
  - 286 Crocus
  - 307 Desert Rose
  - 345 Opalescent Pink
  - 190 Rosewood
  - 650 Carrot
  - 446 Caribbean Blue
- Exquisite 60 wt Polyester 010 White



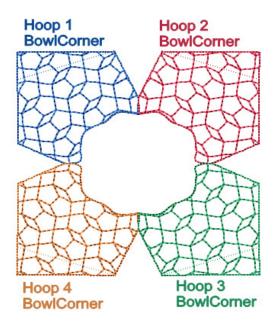




### **PREP**

Apply FuseMe to the wrong side of the applique fabric. Remove the protective paper and set aside.

# **Embroidery: 4" x 4" Hoops**

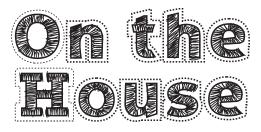


#### **Red Outer Fabric**

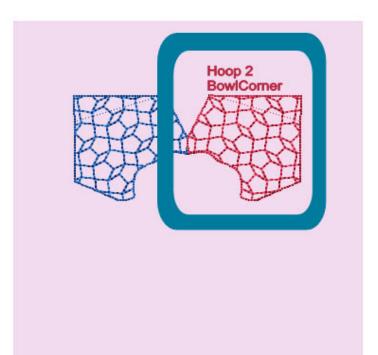
The outer bowl requires four repeats of 4x4BowlCorner as illustrated below.



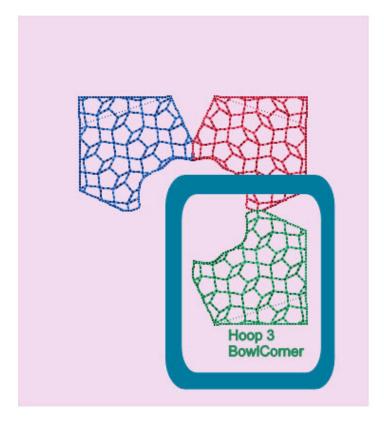
Print a template of 4x4BowlCorner and place in the upper left quadrant of the 12"x 13" outer fabric. Hoop the fabric with batting. Stitch the design.



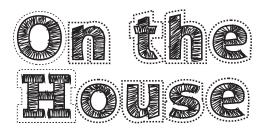




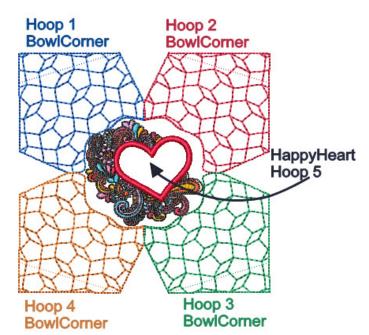
Remove from the hoop, place the template on the upper right quadrant. Stitch hooping two.



Repeat for hoopings three and four.







#### **Pink Inner Fabric**

The inner bowl requires five hoopings as shown below.

Stitch the first four hoopings as you did for the Outer Fabric. Hoop the center of the quilted fabric with No Show cutaway and stitch the remainder of the design following the color sequence of HappyHeart. Go to Bowl Assembly to complete the project.

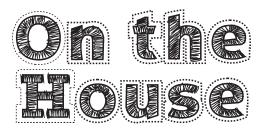
# **Embroidery: 8" x 8" Hoops**

#### **Red Outer Fabric**

Hoop batting and bowl outer fabric in an 8"x 8" hoop. Retrieve the 8x8BowlOut design and stitch in Exquisite Desert Rose 307. Remove from hoop. Set aside.

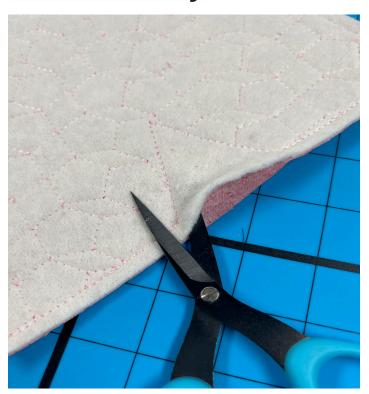
#### **Pink Inner Fabric**

Hoop batting, No Show cutaway stabilizer and bowl fabric in an 8" x 8" hoop. Retrieve the 8x8HapHearBowl design and stitch color 1, the quilting in Exquisite Desert Rose 307. Follow the color sequence chart for the Happy Heart portion. Remove from hoop. Set aside





## **Bowl Assembly**

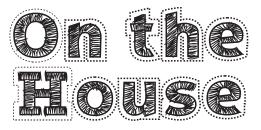


Place the  $\frac{1}{4}$ " mark of a quilter's ruler on the edge of the embroidery. Trim the excess fabric and batting leaving a  $\frac{1}{4}$ " seam allowance around all edges.

Slip the tip of the scissors between the fabric and batting to trim away the batting from the triangular area on the side.



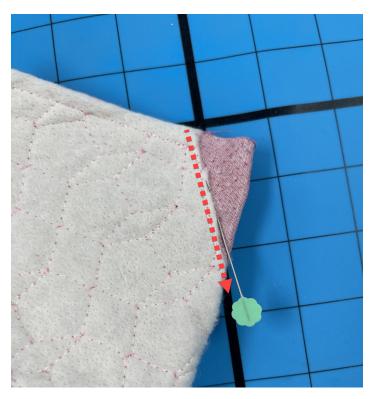
Repeat for each side.



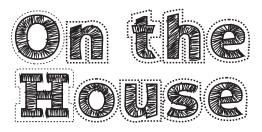




Fold the quilted fabric in half.



Pin on the quilted lines, matching stitch lines. Sew on the quilted line from the edge to the point of the triangle.



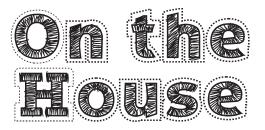




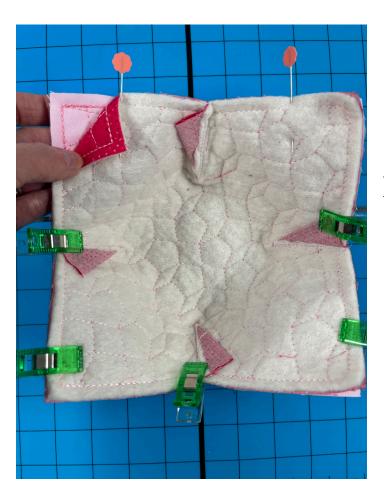
Fold the quilted fabric in half in the opposite direction. Sew on the quilted line from the edge to the point of the triangle.



Press the dart to one side. Repeat for all sections. Repeat for the outer fabric, pressing the dart to the opposite side.







Place the inner and outer fabrics right sides together. Pin the edges, marking an opening for turning.

Sew around the edge. Trim the excess fabric at the corners. Pull the fabric through the opening. Press. Edgestitch around the bowl, securing the opening.

Serve with love!

