

## **Open Toe Foot**



**Stitch:** Satin Stitch

**Width:** 3.0 - 4.0mm

Length: .03mm

Tension: Pre-set

Fabric, needles, notions required:

Cotton solids and prints; universal or embroidery needle, size 80/12 or 75/11; rayon or cotton embroidery thread for needle and bobbinfil on bobbin; double stick fusible web; tearaway stabilizer; marking pen or pencil; appliqué scissors

## 3-D appliqué

Texture and dimension is added to an appliqué by folding fabric or attaching loose fabric.

1. Begin by preparing the loose or 3-dimensional fabric to be applied to the basic satin stitch appliqué. For the fish shown here, cut the "fin" strip and gather one edge and finish the other long edge using the rolled edge technique. (#1)



2. Follow the basic instructions for satin stitch appliqué to trace and fuse the appliqué piece to the background fabric. The gathered "fin" piece is pinned to the head piece and then pinned to the background. (#2)



3. Layer the fabric pieces over the tearaway stabilizer. Center the open toe foot on the edge of the head piece and carefully satin stitch through all the layers to hold the "fin" in place. (#3)



## 3-D appliqué — cont.

FOOT FACTS

Even with the wide-open view you have with the open toe foot, when stitching the 3-dimensional piece in place, a stilleto or the tip of your seam ripper becomes an invaluable tool. Use the tip to move or hold the fabric out of the way while you are sewing.

4. Adjust the satin stitch to a slightly wider width and stitch around the entire shape making sure the 3-dimensional piece is out of the way and not stitched down. (#4)



 Straight stitch along the edge of the "fin" close to the previous stitching to hold in place. Carefully remove the tear-away stabilizer from the back. (#5)



Many of the 3-dimensional appliqué designs seen today are variations of Japanese origami paper folding techniques. These 3-D effects have been transferred to fabric and found their way into beautiful quilts and garments. Often combined with other appliqué techniques, the designs are innovative and unique. There are many books and patterns that incorporate these fabric folding techniques into the final project. Investigate the many sources already prepared for you or experiment and devise a design of your own as we did with our fluttery, colorful fish!