





ALL ABOUT

the hemmer foot

Create a 3mm double hem on light-weight fabrics using the hemmer foot. The scroll (1) on the front rolls the fabric edge as you sew. The rolled edge passes through the groove (2) on the bottom of the foot. The heavier the fabric, the wider the rolled hem becomes and therefore more difficult to sew with this foot.

To feed the fabric edge into the scroll, first, sew across the edge at a diagonal leaving 2"- to 3"-long thread tails.

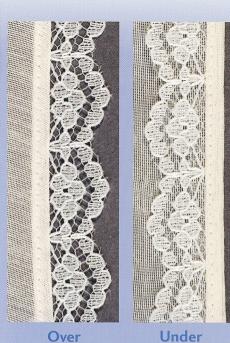


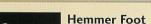
Holding the thread tails, guide the fabric edge into the scroll and lower the needle. Slowly take a few stitches. Begin sewing catching the edge of the roll. Adjust your needle position if necessary.



Holding the fabric edge loosely in your right hand, sew letting the fabric slide through your fingers while keeping it in the scroll. The fabric will roll and be sewn at the same time.

Avoid moving your hand from side to side while sewing. Let the fabric edge just slide through the fingers of your right hand while still keeping it feeding through the scroll. Your left hand should be positioned next to the side of the foot keeping the fabric from sliding to the right under the foot.







Stitch: Straight

Width: Pre-set

Length: Pre-set

Tension: Pre-set

Fabric, needles, notions required:

Fine fabrics such as batiste, silk, lightweight linen, or cotton shirting; universal needle, size 80/12; cotton or heirloom embroidery thread for needle and bobbin

hems — lace

A narrow turned hem with lace inserted over or under the hem.

- Set up your sewing machine and fabric for a traditional rolled hem using the hemmer foot.
- 2. To add lace over the hem, start sewing the hem in the normal manner with right side up. Insert the flat side of the lace in the needle hole slot, sliding the lace under the back of the foot and up and over the front. Catch the header edge with the needle. Continue to sew, feeding the fabric edge with your left hand and the lace in the slot with your right. (#1)
- 3. For attaching lace under the rolled hem, start by layering the lace on top of the right side of the fabric leaving about 1/8" of fabric extending on the side. Feed the fabric into the scroll on the hemmer foot as normal. Begin stitching. The hem will roll over the edge of the lace catching it in the stitching. (#2)





OT FACTS

This hemming technique will only work on fine fabrics because of the narrow groove on the bottom of the hemmer foot. Use this technique on fine heirloom garments or lightweight silk or hand-kerchief linen.