



Created by Susan Beck



Needle and Thread Shadow Box





Show your love for all things stitching by embroidering these beautiful letters (S-E-W) found only in the BERNINA 830 Limited Edition machine. Add vintage notions and trims to dress it up and give it personality.

Finished size: 201/2" x 93/4" including frame

Supplies

Machine & Accessories

- BERNINA 830LE
- BERNINA Jumbo Hoop
- Open Embroidery Foot #20/20C
- Button Sew-on Foot #18/18C

Embroidery Collection

 BERNINA 830LE Etched Alphabet (available on the BERNINA 830 Limited Edition only



Fabric & Notions

- ¹/₂ yd linen or linen-blend fabric in a natural color
- Isacord thread #1342
- OESD Fuse & Fleece, 15" wide
- OESD Tear-Away stabilizer
- 505 Temporary Spray Adhesive
- Digital Camera (optional)
- Brown chalk or ink pad for distressing
- Hot Glue Gun
- Shadow Box Frame,
- Assorted vintage or vintage-look ephemera:
 - Buttons
 - Pins
 - Charms
 - Stamps
 - Laces and Trims
 - Patterns
 - Fabric swatches
 - Silk ribbons

Ephemera: Translates "lasting for only a day"; something short-lived or transitory, usually referring to paper but in crafting includes buttons, fabric, lace, ribbons, etc.

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Cutting and Preparation

Cut a piece of linen, 26" x 15".

Fuse a piece of Fuse & Fleece to the wrong side of the linen following manufacturer's instructions.

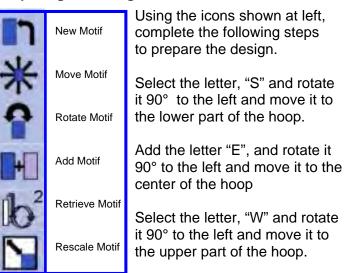
Using temporary spray adhesive, bond 1-2 layers of tear-away stabilizer to the back of the fleece.

Draw a horizontal line and a vertical line to mark the center of the linen rectangle.

Hoop the layered fabric/fleece/stabilizer as one using the jumbo hoop and aligning the marked center of the fabric with the center of the hoop.

Attach the hoop to the BERNINA 830LE.

Preparing the Design



Retrieve the three designs; rescale them proportionally to fit inside the hoop (about 96%). Note: Information in lower left corner of the screen will be:

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Stitching the Design

Select the Single/Multi-Color Motif icon to set the machine for a one color design.



Stitch the entire design using Isacord thread #1342 or the color of your choice. The sample shown was stitched in a sepia-tone color that gives a vintage look. Stitching the letters in a single color will make the ephemera that you add be more visible and keep the entire composition from looking too "busy."

When the stitching is complete, remove the hoop from the machine, the fabric from the hoop and the excess stabilizer from the back of the fabric.

Creating the Composition

Using the mounting piece from the shadowbox and a fabric marker, draw a rectangle around the design to define the area in which you will be working.

Collect your assorted vintage or vintage-look ephemera and start arranging them on and around the stitched letters. Continue until you have the desired arrangement. *Tip: Take digital photos as you arrange and rearrange so you can try different ideas without losing previous ones. Once you have the look you want, take a photo for reference as you are attaching the pieces.*

Start with the pieces that are places on the fabric and not layered on top of anything else. This will include trims, laces and any buttons stitched to the design. *Note: Open Embroidery Foot #20 was used for all stitching except sewing on the buttons.*

Using Button Sew-on Foot #18, stitch the buttons in place as desired, placing the adjustable metal toe in the lowest position on the foot so the buttons will be stitch flat on the fabric.

Stitch: Button Sew-on Program or Universal Stitch Use handwheel to check that the width of the stitch is the same as the holes in the button.



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Continue stitching trims, buttons, etc. Add layers as needed and use the hot glue gun for attaching 3-D objects. *Tip: Hold the shadow box up as it will hang* on the wall and see if the items fall the way you want. If needed, add a spot of glue to hold things in place. The hanging charms in the lower left corner tended to all drift together, making it difficult to see the individual charms until glue was added to one or two to hold them away from the others

Print the saying below. Tear the edges of the paper and crumple it to look worn. Distress the edges and wrinkles of the paper using brown chalk or ink.

Thread a needle with a long length of thread and put it through one end of the paper as shown. Glue or stitch the paper in place as desired.

Finishing the Shadow Box

When the composition is completed and all pieces are securely in place, carefully stretch the fabric around the mounting piece from the shadow box. Use the rectangle that you marked earlier as a guide.

Pull the fabric to the back and secure with staples, glue or tape, working with opposite sides so you can secure one side and then pull against it to smooth the fabric and secure it tightly. Be gentle so you don't disturb your beautiful handiwork.

Insert the completed piece into the shadow box as directed by the manufacturer.

My soul is fed with needle and thread...



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