

## Projects > Appliqué Placemat and Napkin

Perfect for the Christmas feast!

### Materials and Supplies

#### Placemat:

- Pre-quilted cotton fabric for front of placemat
- 14" X 18" pre-quilted cotton fabric for back of placemat
- **All-purpose sewing thread to match fabric**
- Create a paper pattern in the shape of a Christmas tree approximately 7" tall
- 4-1/2" X 3" piece of wood-patterned fabric
- Scrap gold metallic fabric
- **All-purpose sewing thread in two contrasting colors**
- **Metallic thread** (optional)
- Fabric strips for log cabin pattern: three log cabin blocks were made to create the appliqué tree.
- 2 strips 1" X 1"
- 2 strips 1" X 1-1/2"
- 2 strips 1" X 2"
- 2 strips 1" X 2-1/2"
- 2 strips 1" X 3"
- 2 strips 1" X 3-1/2"
- 1 strip 1" X 4"

**Note:** If the base of the tree is wider than 4" add 1" strips on the sides of the bottom square.

#### Napkin:

- 12" X 12" square of fabric for each napkin
- Fabric strips for log cabin pattern:
- 2 strips 1" X 1"
- 2 strips 1" X 1-1/2"
- 2 strips 1" X 2"
- 2 strips 1" X 2-1/2"
- 2 strips 1" X 3"
- 2 strips 1" X 3-1/2"
- 1 strip 1" X 4"

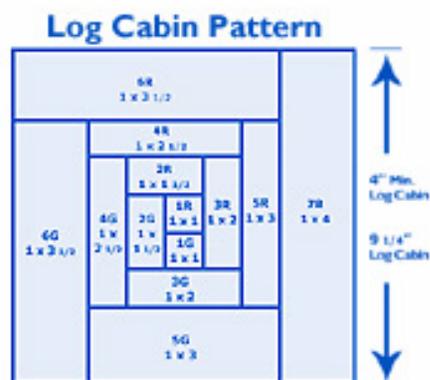


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### Instructions

#### Placemat:

1. Sew strips of fabric together to create the log cabin design (see figure). Create three blocks for the Christmas tree appliqué.
2. After creating the three blocks sew them together to create one long piece.
3. Pin the paper pattern Christmas tree onto the long log cabin strip and cut out.
4. Position the Christmas tree appliqué on the placemat front. Pin in place.
5. Create the tree trunk by using a 4-1/2" X 3" piece of wood-patterned fabric. With right sides together fold in half and sew 1/4" seam. Turn to the right side and fold in half again. Slip the raw edges under the tree appliqué.
6. Stitch tree in place, catching top half of trunk piece.
7. Stitch bottom edge of trunk piece in place. (Sides of trunk should be open to allow for insertion of napkin.)
8. Using contrasting or metallic thread, topstitch along log cabin seam lines - through tree and placemat front.
9. Cut star shape out of scrap of gold metallic fabric. Stitch in place at top of tree.
10. Place the back of the placemat onto the placemat front with right sides together.
11. Stitch around all four sides using a 1/4" seam allowance and leaving a section open for turning.
12. Turn right side out.



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13. Press under a 1/4" seam allowance in the open area. Hand sew the opening closed.
14. Select a decorative stitch on your sewing machine and stitch around the placemat 1/4" from the edge in contrasting color.

### **Napkin:**

1. Sew strips of fabric together to create log cabin block.
2. Cut the block in half diagonally. You should now have a triangle shape.
3. Place the half-block on one corner of the napkin.
4. Stitch in place.
5. Using contrasting or metallic thread, topstitch along log cabin seam lines.
6. Finish the edges of the napkin by serging or using the Rolled Hem Foot.
7. Insert the napkin through tree trunk on placemat.