Have you ever tried to sew a perfect circle with your sewing machine? Sounds simple? Mmmmm...it’s not! The Circular Sewing Attachment allows you to mark exactly how big you want the circle to be, tack your fabric in place, and let your machine sew a perfect circle - while you simply guide the fabric around. In the following instructions, I will show you how to put these circles to use in your own modern trapunto.

**SUPPLIES:**
Completed quilt top (or the area that you wish to trapunto your circles); completed quilt back; polyester batting or polyester fleece; water-soluble thread (recommended); sewing machine; circular sewing attachment; cotton quilt batting; glue stick; fabric pen; thread and typical sewing supplies

1. Mark the center and at least one point on the circumference of the circle to be sewn. Be sure to use a fabric pen/marker/pencil.

2. Cut your fleece or polyester batting down (just bigger than each circle).
Put a glue stick dot in the center of your circles, along with a few pins in the corners to keep everything in place.

*Note: There are a lot of “right” ways to tack the batting or fleece to your fabric, but because we are going to be trimming away parts of it, spray-basting is not your best choice.*

Set up your Circular Sewing Attachment according to the included directions. If you are using the **Brother Designio™ DZ3000**, the attachment plate simply sits in place, tightened with the included screw onto the metal sewing plate of your machine.

Using your center marking, place the pin gently through the weave of your fabric and through the fleece/batting as well. Insert the pin into your attachment plate, and then slide to your desired circle size.

Thread your machine with the water-soluble thread – you can use regular thread in your bobbin.
Sew each circle, taking care to let the machine foot and feed dogs do the work. You want to allow the fabric to glide around in a circle, so that it matches up at its starting point.

Repeat for all circles or shapes you wish to trapunto.

Using a dull-pointed pair of scissors (staying as close to your seam as possible), trim away the excess fleece/batting.

*Note: Be sure to not cut the fabric by accident.*
Continue piecing the quilt top together.

When the quilt top and back are complete, compile your quilt sandwich: top – batting – back.

With the same marks that were used to sew your first layer of batting for the trapunto, place the pin carefully at the center of your circle, lining up the outside perimeter in the path of your needle.
Sew along the original circle seam. Remember – it is okay if every stitch is not exactly in line with your original trapunto outline. The water soluble thread will wash away, leaving you with a clean circumference.

Now the back of your quilt is also starting to have a little character, as it too receives the circles you are quilting.

Continue quilting each trapunto outline and the rest of your quilt. The tighter your design is outside of the trapunto shapes, the more visible your trapunto will be.